



NEWSTEAD WOOD SCHOOL

"creating opportunities for success"

10 September 2024

Dear Parent/Carer,

Relationship and Sex Education Workshop - Friday 13 September 2024

As a part of your child's education at Newstead Wood School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that on Friday 13 September 2024 your child's class will be taking part in a workshop which will focus on the relationships and sex education (RSE) aspect of this programme, as well as the healthy lifestyle aspect of the curriculum.

The Y10 RSE workshop will include teaching about healthy relationships, including keeping safe and consent, developing self-esteem and confidence. Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. The provider for this workshop is Talk Consent (www.talkconsent.org).

In line with statutory guidance, **parents may withdraw their child from RSE education.** Please do get in touch with me to discuss any questions or withdrawals at mbournat@newsteadwood.co.uk. Students being withdrawn will attend their normal lesson.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Recently we have been looking at Financial Education, covering topics including gambling safety, saving, and the job application process. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values, overseen by form tutors.

Yours sincerely,

Mr M Bournat
Assistant Headteacher

Headteacher: Mr Alan Blount, MA, BSc, QTS

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